



ACTIVE
COMMUNITIES



FITNESS IN THE PARK

Communities - SOFT LAUNCH

Scan. Move. Be active!

We are collaborating with Family Help Schools & Communities team to deliver a **FREE** 'Fitness in the Park' soft launch session for residents, catering to all ages and abilities.

Come along and join in on the community fun!

FURTHER INFORMATION

WHEN?

Tuesday 29th September
10am meet outside cafe

WHERE?

West Park, Goole

WHAT DO I NEED?

Smartphone with internet access, comfortable clothing, and water

MORE INFORMATION

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